

Session 2 – God Loves You and Everyone Else Too

Before viewing the session, here are a few important things to look for in Bob Goff's teaching. As you watch, pay attention to how he answers the following questions.

What did Bob say should happen when we remember who we are?

Why is patience such an important strategy?

How does Bob encourage us to engage with others?

Deeper Walk

Remember: Bob encouraged us to acknowledge the ways in which we have struggled or failed. Think back over your life and make note of some of your own failings, not to condemn yourself but to develop compassion for others who are experiencing their own hardships. Acknowledge God's grace in your life and go show that grace to others who need it.

Listen: One of the most tangible ways to exercise patience toward others is simply to listen to them. Be a safe place for one person in your life this week by listening to his or her stories, struggles, doubts, and questions. Show him or her you care by listening.

Wait: Almost everything in modern life, it seems, is aimed at removing our need to wait. Whether it's fast food, same day delivery, or instant messaging apps, we don't often have to wait for much. But these services, as beneficial as they aim to be, can wear away at our patience. This week, choose one way to embrace slow instead of fast. For instance, you could refrain from making any Amazon purchases, fix all your meals at home instead of visiting a drive-thru, or even write and mail a letter to a friend. Consider how you could add practices like these to your routine more regularly in an effort to cultivate patience.