

Session 7 – 1 Thessalonians 5:1-11

Questions before watching the video

Before viewing the session, here are a few important things to look for in Ben Stuart's teaching. As you watch, pay attention to how he answers the following questions.

What are Ben's three points about living in the light of the Day of the Lord?

How is focusing on Jesus' future return like playing soccer?

For next time, Session 8

Read: [1 Thessalonians 5:12-28](#). (The link goes to the Biblegateway website.) In verses 12-22 Paul writes quick, brief instructions. He uses a lot of imperative verbs, words of command. How many can you find? Why does Paul use so many?

Write: Pick one of the commands in verses 12-22. Write a letter to yourself with suggestions about how that might look in your life..

Pray: Offer a prayer for the other members of our study group.